

Mental Health Resources

EMERGENCY SERVICES

ACCESS at Southern New Hampshire Medical Center
Emergency Psychiatric Evaluation
1-800-987-6562

Saint Joseph's Hospital 603-882-3000

Local Providers For Families without Insurance

Counseling Center of Nashua – may have a sliding scale – 883-0005
Child and Family Services 668-1920 – sliding scale
Catholic Charities – 624-4717 (sliding scale)
Pastoral 627-2702 (sliding scale)
James Foster and Assoc 668-7744 accept Medicaid

COUNSELING SERVICES

Family Guidance Center of Milford
16 Elm St. Milford
672-5005

Discipline: MSW, refer out for psychiatry
Areas of expertise: child/adolescent, family, marriage, marital mediation, substance abuse
(not certified)
Insurance: all except Tufts

Milford Regional Counseling Services
15 Union St. Milford
673-2508

Discipline: MSW, LMHC, refer out for psychiatry
Areas of expertise: child/adolescent, family, PTSD, school-related problems, ADHD
Insurance: BC/BS PPO & POS, Cigna, Medicare, Medicaid, Harvard Pilgrim, United
Health Care

Community Council
15 Prospect St. Nashua
886-9666

Discipline: wide range of disciplines, on-site psychiatry if client is in treatment there. Dr. Kuftinec, MD , Daniel Morin, ARNP

Areas of expertise: wide range of specialties

Insurance: Medicare, Medicaid, call check on private insurances

Advantage Counseling (Beverly D'Angelo,LICSW & Eileen Ries, LADC)
3B Taggart Dr. Nashua
888-0561

Discipline: LICSW, LADC
Areas of expertise: child & adolescent individual therapy, alcohol and drug counseling, anger management
Insurance: everything except Matthew Thornton Blue & Anthem BC/BS NH

Wonalancet Clinical Consultation and Clinical Services
Suite 1535, 154 Broad Street
Nashua NH 03063
Therapists, Lynn Kegley LICSW, Kimberly Lansford LCMHC,
Ann Rubenstein, LCMHC, Ellen Cohen LICSW

Elizabeth Panagoulas, LCMHC
154 Broad Street
Nashua, NH
880-9880

Julie Russell,LICSW
Littleton, MA
(978)952-0150

Delia Kostner, PhD
89 Rt 101A Amherst
672-3839

Stacey E. Corey, MSW, LCSW
(utilizes Lynn Lyons methodology)
121 Middle Street
Manchester, NH 03101
603-827-4232

Kristen Moavenian, LICSW
89 101A Amherst
672-3839

Ann Bastille, LCMHC
Hudson

889-3443

Connie Bessette, LICSW
154 Broad St Nashua
883-9333

Al Sciarappa, PhD
402 Amherst St. Nashua
579-0820

Nancy Sagon, PhD
154 Broad Street, Nashua
595-4448

Broad Street Counseling Services
16 Broad St. Nashua
889-8781

PSYCHIATRY

New England Neurological Associates
Marc Sadowsky, MD
168 Kinsley St Nashua
882-2114
(ages 14 and up)

Devra Cohen, MD
6 Concord St. Nashua
598-0022

Dr Kaladish
With Richard Berk

The Association for Pet Loss and Bereavement:
<http://www.aplb.org/services/children.html>